

جــامـعــة محـمــد بـن راشــد للــطــب و الــعلــوم الـصـحـيــة

MOHAMMED BIN RASHID UNIVERSITY OF MEDICINE AND HEALTH SCIENCES

# MBRU ANNUAL REPORT 2019 -2020





## Message from the Vice Chancellor Dr. Amer Sharif

This year has been a significant year of progress in the history of our young institute with the launch of a new college, the College of Nursing and Midwifery, and a postgraduate program, the Master of Science in Biomedical Sciences. We are proud of how far we have come, especially this year as the world battled a pandemic, which has brought a lot of uncertainties into our lives. As with any crisis challenges arise, and what we have witnessed at MBRU is a family coming together to find solutions to ensure that our operations and our students, are not affected. Our Smart Services implemented a digital strategy instantly which allowed our students, both undergraduates and graduates, and faculty to conduct distance education without any interruptions to their learning experience.

This year has also been noteworthy, as we received a visit from H.H. Sheikh Mohammed bin Rashid Al Maktoum, Vice President and Prime Minister of the UAE, and ruler of Dubai, and the Crown Prince of Dubai, H.H. Sheikh Hamdan bin Mohammed bin Rashid Al Maktoum.

Our progress thus far has been made possible due to the unwavering support and hard work of our dedicated team of talented academic and professional staff across the University who all believe in our vision of becoming a global hub for innovative and integrated healthcare education and research at the service of humanity. The resolve and resilience of the MBRU Family allowed us to continue progressing this past year. I am also proud of the fact that we had a positive impact on our beloved country's fight against COVID-19 through MBRU's research findings and our community programs aimed to educate and prevent the spread of the disease. In addition to our work and presence in the Dubai COVID-19 Command and Control Center.

At MBRU, we pride ourselves in being responsive, and innovative in our work, which is what enabled us to reach this far in a fairly short time. I look forward to working closely with our faculty, professional staff and students to meet our goals set for the coming year.

#### **Amer Sharif**



#### **About MBRU**

**W**ith a mission to advance health in the UAE and the region through an innovative and integrated academic health system, Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU) offers undergraduate and postgraduate degrees through its colleges, Hamdan Bin Mohammed College of Dental Medicine (HBMCDM), the College of Nursing and Midwifery, and the College of Medicine.

MBRU's College of Medicine offers undergraduate and postgraduate programs, the Bachelor of Medicine and Bachelor of Surgery (MBBS) and a Master of Science in Biomedical Sciences. HBMCDM offers a range of specialty postgraduate dentistry programs in Endodontics, Orthodontics, Pediatric Dentistry, Prosthodontics and Periodontology. Additionally, HBMCDM offers a dental internship program in collaboration with Dubai Dental Hospital. The College of Nursing and Midwifery offers two postgraduate programs, a Master of Science in Cardiovascular Nursing and Pediatric Nursing. The University's drive to innovate and enhance healthcare is mirrored in the faculty's dedication to research with MBRU recording more than 470 peer-reviewed publications.

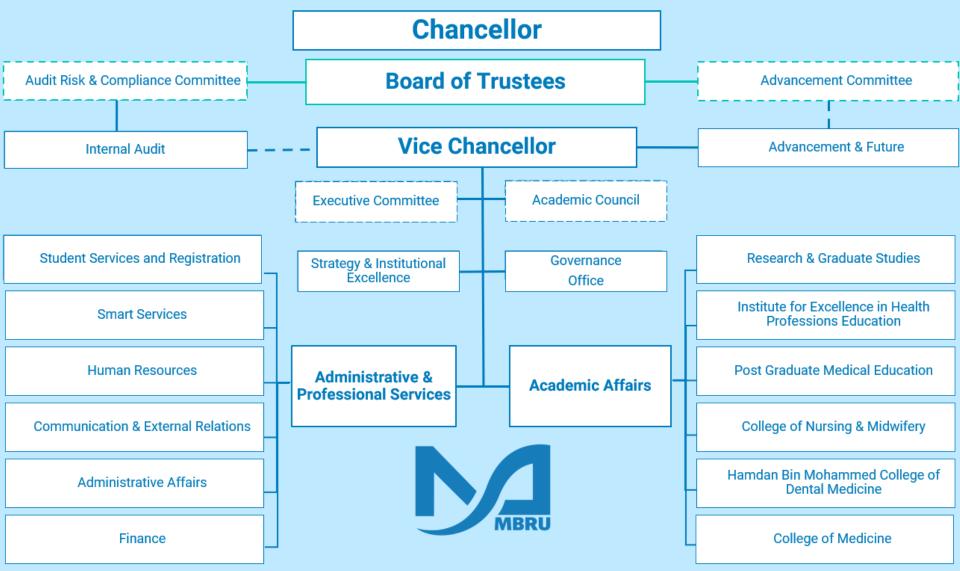
**MBRU** is an inclusive educational institution, comprising a diverse faculty and student body featuring more than 38 nationalities. The highly experienced faculty and innovative facilities provide medical students with early clinical exposure from year one, and extensive clinical training to postgraduate dentists, in line with the UAE Centennial 2071 to develop education with a focus on advanced technologies.

MBRU's philosophy is that the role of a healthcare professional goes beyond medical knowledge and technical abilities. A healthcare professional must be able to communicate effectively and demonstrate empathy towards patients and their families as well as make ethically-sound decisions, which is why MBRU became one of the first universities in the UAE to conduct the multiple mini-interviews- MMIs as part of its admissions process.

The University is also home to the largest medical simulation center in Dubai, a fully accredited training facility that offers a safe environment for healthcare professionals to learn new procedures and techniques.

### **MBRU Organizational Structure**





### **Leadership: Our Board of Trustees**





H.H. Sheikh Ahmed bin Saeed Al Maktoum
Chancellor of the University
Chairperson of the Board of Trustees



H.E. Dr. Raja Easa Al Gurg Vice Chairperson of the Board of Trustees



H.E. Abdul Rahman bin Mohammed Al Owais Minister of Health & Prevention



H.E. Humaid Mohammed Al Qatami Director General of the Dubai Health Authority



H.E. Abdullah Abdul Rahman Al Shaibani Former Secretary General of The Executive Council-Dubai



H.E. Dr. Abdulla Mohamed Al Karam Director General of Knowledge & Human Development Authority



Professor lan Greer
President & Vice Chancellor
of Queen's University Belfast



Dr. Amer Ahmad Sharif Vice Chancellor



Professor Alawi Alsheikh-Ali Provost and Dean College of Medicine

### **Board of Trustees**





His Highness Sheikh Ahmed bin Saeed Al Maktoum, Chancellor of MBRU and Chairperson of its Board of Trustees, chaired the first meeting of the Board on 23rd of September 2019, and reviewed its three-year impact report and appreciated the University's efforts in advancing health through furthering medical education and research.



MBRU held its second Board of Trustees meeting for the academic year 2019-2020 on 29<sup>th</sup> of January 2020, chaired by H.H. Sheikh Ahmed bin Saeed Al Maktoum, Chancellor, and Chairperson of the Board of Trustees of MBRU, focusing on governance, sustainability and future plans for the next 50 years.

#### **New Board Member**

MBRU welcomed **Professor Ian Greer, President and Vice- Chancellor of Queen's University Belfast (QUB)**, as a new member to its Board of Trustees.

Professor Greer is the Chair of the UK Regenerative Medicine Platform Board and Chair of the Scientific Advisory Board at the UK Antimicrobial Resistance Research and Development Centre, who has led five medical schools in UK and created the Manchester academic health sciences system.



"Queen's University Belfast (QUB) was honored to be selected in 2014 as academic partner in the development and establishment of the Mohammed bin Rashid University of Medicine and Health Sciences (MBRU), and we were delighted to be given the opportunity, in 2018, to play a further part in MBRU's success by supporting the development of Nursing Master's programs at the University.

We would like to congratulate Dr. Amer and his team on the significant progress made to date in achieving MBRU's vision of becoming a global hub for innovative and integrated healthcare education and research at the service of humanity, and we very much look forward to continuing to build on our flourishing partnership,"

**Professor Ian Greer** 

### **An Honor and Privilege**







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Thank You for Your Leadership.



### **An Honor and Privilege**







Our strategy is focused on developing initiatives to foster innovation and enhance the quality of education. We believe this is vital to finding unique solutions to the challenges we face and opening new paths to accelerate our journey to the future. The progress achieved by our scientific establishments reassure us about our ability to establish leadership in this domain. The Mohammed Bin Rashid University of Medicine and Health Sciences is one of the prime examples of establishments in our country that provides a high quality of education. Such institutions are critical to enhance the healthcare sector and the quality of healthcare services, which are integral elements of Dubai's plan to achieve sustainable development,

H.H. Sheikh Hamdan bin Mohammed bin Rashid Al Maktoum

Crown Prince of Dubai & Chairman of Dubai Executive Council



MBRU ANNUAL REPORT 2019-2020

### Our Vision, Mission & Values



### **Vision**

A global hub for innovative and integrated healthcare education and research at the service of humanity

### **Mission**

To advance health in the UAE and the region, through an innovative and integrated academic health system, that is nationally responsive and globally connected, serving individuals and communities

### **MBRU Values**



**EXCELLENCE** 

### **MBRU 411 Strategy**



### **MBRU Strategic Pillars**



**Governance** 



**Education** 



Research



**Community Engagement** 



Sustainability



**Emiratization** 

### Strategy 411 Snapshot



STRATEGY 411 SNAPSHOT						
6 PILLARS	9 OBJECTIVES	KEY OUTCOMES				
Educati	<ul><li>1. Expand educational offerings</li><li>2. Enhance local, regional and international recognition</li></ul>	4 Colleges  Medicine Dentistry Nursing Health Sciences	<b>#1</b> UG medical Program in the UAE	#1 PG Dental College in the UAE		
Research	3. Establish a supportive research infrastructure 4. Enhance research productivity	4 Focus areas Priority Diseases Patient & Provider Experience Healthcare Delivery HE Innovation	<b>#1</b> University in the UAE for spending per faculty by 2021	#1 University in the UAE in the number of publications per FT Faculty by 2021		
Communication Communication		4 Main Groups Prospects Professionals Community Decision makers	#1 University in number & diversity of activities engaging the community	#1 University in the region in engaging students in community activities		
Governa	nce 6. Enhance Internal Governance Structures and Function	4 Main Entities Education Research Service Delivery Community	1 MBRU Health System	1 Overarching governing body		
Sustainal	7. Enhance students, faculty and staff satisfaction and happiness at MBRU  8. Establish and initiate MBRU endowment fund and revenue generating activities	4 Hundred million endowment target by 2021	#1 University in the UAE in student & staff Happiness & Satisfaction Surveys	#1 Medical & Health University in the UAE in reputation ratings		
Emiratiza	9. Increase the proportion of Emirati students, faculty and staff	<b>40</b> % of MBRU students will be UAE nationals	#1 Private university in the UAE in the proportion of UAE national students	#1 Private university in the UAE in the proportion of UAE nationals among its faculty and staff		

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### **Strategy Retreat 2019**



The 2<sup>nd</sup> MBRU Strategy Retreat



40+ Participants

including Students and Alumni





### **MBRU Values Council**

Governance @ MBRU

MBRU has formed a Values Council which will drive the values agenda of the University and ensure the MBRU family live and act the MBRU values daily, and work with a heart for service.

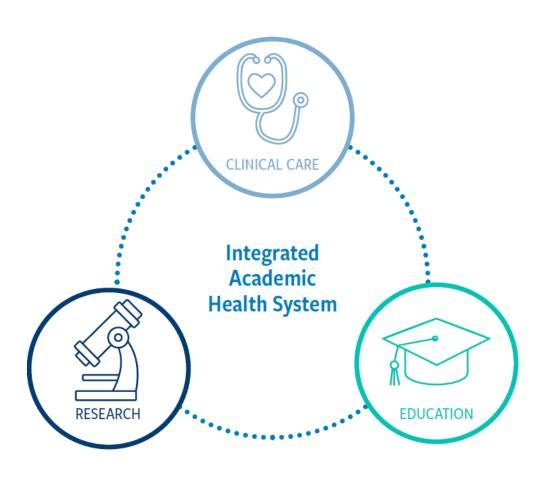


The Council, a first for any institute in the UAE, will draw members from its population-students, academics, and administrative representatives from across the University. The first order of business for the newly established unit is to put in place a framework for its set of values that can be defined into observable, tangible, and measurable parameters that ensure that the signature culture of MBRU is consistently maintained.



### **Academic Health System**





### Preparing for the next 50

MBRU seeks to create an integrated academic health system (AHS) in the UAE through partnerships with private and public healthcare institutions locally, regionally and internationally. Since establishing the University, we have strived to be responsive in many areas by developing and strengthening collaborations with international academic and clinical partners to enrich our students' academic journey and improve healthcare.

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### **Academic Health System**



### Clinical Affiliates and Strategic Partners





















مستشفی فقیه الجامعی Fakeeh University Hospital







UNITED ARAB EMIRATES
MINISTRY OF HEALTH & PREVENTION



### **New MOUs & Agreements**



**Educational Institutions** 











Governmental Entities











**Donors** 







### **Institutional Accreditations**









### American College of Surgeons

MBRU was accredited as a Comprehensive Education Institute, a first in the UAE and only second in the region after King Saud University in Saudi Arabia.

### **UAE Ministry of Education**

MBRU has been accredited as a Low Risk (High Confidence) institution by CAA.

MBRU was accredited after a thorough review in 2019 by the CAA review team for its license renewal application.

### **Saudi Commission Accreditation**

Full Institutional Accreditation obtained

MBRU is among 10% of health institutions worldwide that have obtained the full accreditation.

### **Ratings**





Mohammed Bin Rashid University of Medicine and Health Sciences

Through rigorous and independent data collection and analysis of performance metrics as set out in the QS Stars™ methodology, QS has rated Mohammed Bin Rashid University of Medicine and Health Science as a 3 Star institution.



MBRU has been awarded an overall rating of **3 Stars** by the QS World University Ratings 2019. We received **5 Stars** in Arts and Culture, and Facilities; and **4 Stars** in Internationalization. This is a testament to the hard work and dedication by the MBRU family and a significant achievement for a new institution.

CATEGORY	STAR RATING	
Teaching	os os	
Employability	<b>OS OS</b>	
Research	os os	
Internationalization		
Facilities		
Arts & Culture	05 05 05 05	
Inclusiveness	05 -05	
Program Strength: Dentistry	-OS -OS -OS	
Overall	<b>4 4 4 4 5 4 4 5</b>	

20



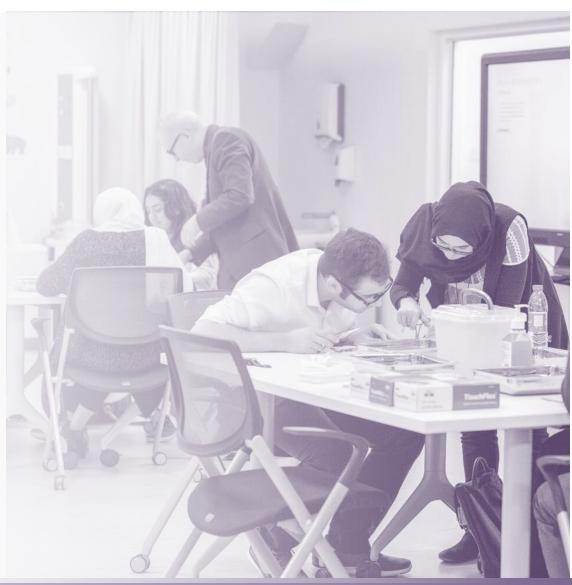


Professor Alawi Alsheikh-Ali, Provost, Dean of the College of Medicine, Professor of Cardiovascular Medicine

#### **Education with impact**

Building on the successful foundations achieved since MBRU's inception, and in support of the National Advanced Sciences Agenda 2031's priorities to build national capacity and address health challenges in the UAE, the university is launching new programs. The newly established College of Nursing & Midwifery will offer Cardiovascular and Pediatric Nursing specialties; these Master of Science (MSc) programs are designed to fulfill an identified need within Dubai and the wider UAE for specialist clinical nursing programs to support the healthcare needs of the region.

The Master of Science Programs in Nursing are offered for the first time in the region in partnership with Queen's University Belfast (QUB) and the National Health Service (NHS) in UK. Through its unique partnership with QUB, MBRU secured clinical rotations for the nurses for 3 months in Belfast, UK, as an integral part of the program. Additionally, the Master of Science (MSc) in Biomedical Sciences program under the College of Medicine, is designed to allow students to acquire a variety of research skills that cater to their aspirations and the expressed needs of relevant institutions in the UAE. All programs are accredited by the UAE's Ministry of Education.



### **Our Programs**



#### **<u>m</u>** College of Medicine

- Bachelor of Medicine and Bachelor of Surgery
- MSc in Biomedical Sciences

#### **<sup>↑</sup>** College of Nursing and Midwifery

- MSc in Cardiovascular Nursing
- MSc in Pediatric Nursing

#### **★ Hamdan Bin Mohammed College of Dental Medicine**

- MSc in Endodontics
- MSc in Prosthodontics
- MSc in Periodontology
- MSc in Pediatric Dentistry
- MSc in Orthodontics



### **New Programs 2019-2020**







### MBRU has launched a new college and four new programs.

#### **New College**

**College of Nursing & Midwifery** 

#### **New Degree Programs**

**Degrees** 

Master of Science in Cardiovascular Nursing - College of Nursing & Midwifery Master of Science in Pediatrics Nursing - College of Nursing & Midwifery Master of Science in Biomedical Sciences - College of Medicine

#### **Other Programs**

Dental Internship Program in Dubai- Hamdan Bin Mohammed College of Dental Medicine

23

### **Our Faculty and Staff**





28 **Nationalities** 



18%



**UAE** Nationals

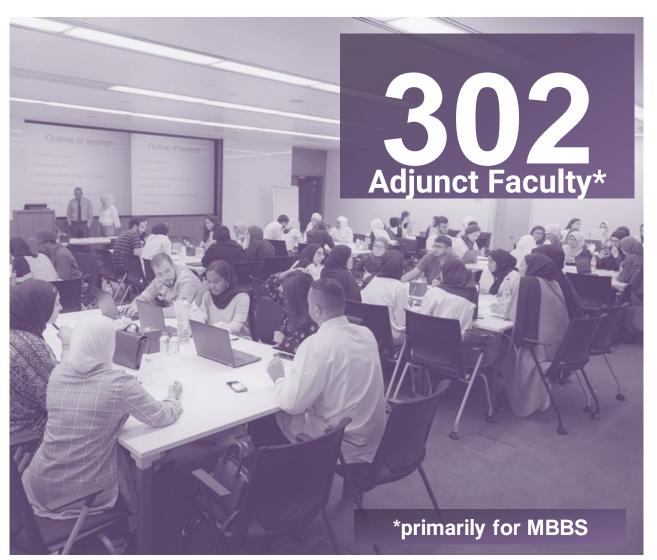
49%



Women

### **Our Adjunct Faculty**

















25

### **College of Medicine**



The Fourth White Coat Ceremony for the Class of 2025

MBRU welcomed its fourth cohort of students to the Bachelor of Medicine and Bachelor of Surgery program in the presence of H.E. Sarah bint Yousif Al Amiri, Minister of State for Advanced Sciences.





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### **Postgraduate Medical Education**





### MBRU - Al Jalila Children's Specialty Hospital



	18/19	19/20
Pediatric Residency	5	4
Child and Adolescent Psychiatry Fellowship	2	1

Al Jalila Children's Speciality Hospital (AJCH) is the first dedicated children's hospital in the United Arab Emirates. The state-of-the-art medical facility was created under the directives of His Highness Sheikh Mohammed Bin Rashid Al Maktoum, Vice President and Prime Minister of the UAE, and Ruler of Dubai.

The Al Jalila Children's Speciality Hospital Pediatric Residency Program and the Al Jalila Children's Child and Adolescent Psychiatry Fellowship Program were created in conjunction with the Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU).

Through such collaborations, our mission is to advance health in the region through innovative and integrated academic health systems. Specialized training programs and partnerships will be able to strengthen the journey of medical students and healthcare professionals by providing them with programs starting from undergraduate to specialization and continuing education.

### **Summer Scholars Program**

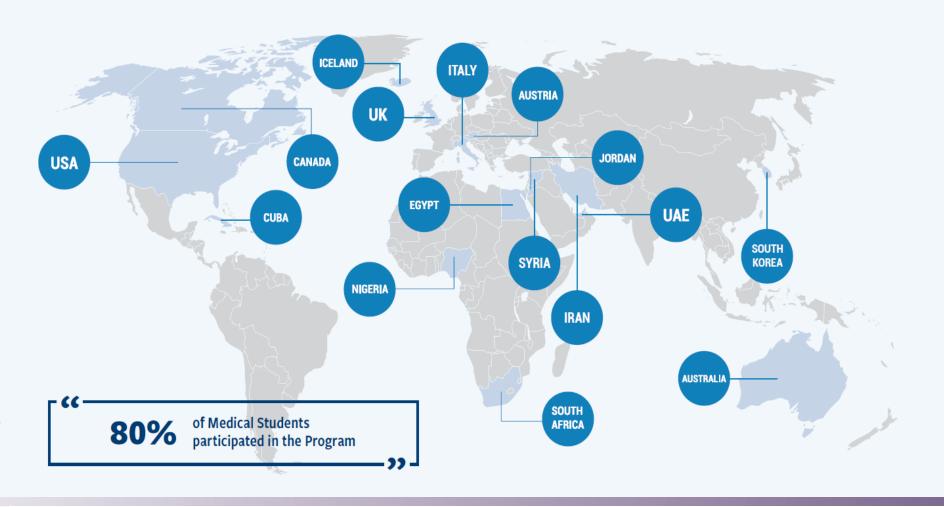


### **Nurturing Global Citizens**

The MBRU-Summer Scholars'
Program (SSP) is an innovative
flagship program developed by
and implemented at MBRU.
Through this program,
undergraduate medical students at
MBRU are offered enriching, crosscultural experiences, away from
the classroom setting early-on in
their educational journeys.

The MBRU-SSP relies on the institution's continuous quest to develop sustainable collaborations with various local and international stakeholders.

**47 Placement centers 16 Countries** 



# Hamdan Bin Mohammed College of Dental Medicine



Highlights 2019-2020

All 5 Programs of HBMCDM were successfully reaccredited after a thorough review from the CAA



We launched a one-year Dental Internship Program

We restarted the Periodontology program

We conducted the first HBMCDM Advisory Board meeting

We held our first MBRU Alumni Day



We graduated a total of 29 students in a combined graduation ceremony

We obtained recognition status by the Kingdom of Bahrain's Ministry of Education

We received our first cohort of SEHA residents at HBMCDM







### **Dental Internship Program**





#### **Objectives of the Program**

Enabling learners to get a unique opportunity to assume a variety of patient-centered care roles at Dubai Dental Hospital.

Allowing interns to gain thorough insights and experiences across the full spectrum of dental care



"Our new Dental Internship Program at Hamdan Bin Mohammed College of Dental Medicine (HBMCDM) and Dubai Dental Hospital is the first of its kind in Dubai. The program is unique in that it includes supervised practice in general dentistry, and rotations in endodontics, periodontology, prosthodontics, pediatric dentistry, orthodontics, oral surgery, and radiology. The program will give recent graduates a valuable opportunity to spend time and learn from international faculty, gain valuable practical skills, and enhance their knowledge in a state-of-the-art facility."



Professor Zaid Hani Baqain,

Dean of HBMCDM

### **HBMCDM Graduation Ceremony**





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### **Our Alumni**







14

New Graduates in AY 2019/2020



102

Total number of Alumni in AY 2019/2020



60%

**UAE Nationals** 

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### **Our Alumni**



Dr. Fadi Elshafee, Dr. Mohamed Hasab Elrasoul Ali Mohamed, and Dr. Marwa Jameel Ahmed Salman Ahmed obtained their Membership in Orthodontics from the Royal College of Surgeons of Edinburgh (MOrth RCSEd), a specialist membership diploma.

Dr. Sara Al Hammadi obtained her Membership in Prosthodontics from the Royal College of Surgeons of Edinburgh (MPros RCSEd).











Dr. Heba Allah Madi got elected as Councilor-at-large of the Canadian Association for Dental Research and the Network for Canadian Oral Health Research National Student Research Group for a one-year term.

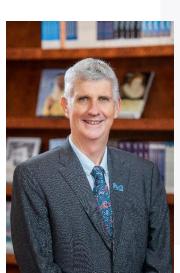




### **College of Nursing and Midwifery**







"We are passionate about nursing and fully embrace the core values associated with the 'caring profession'. The College of Nursing and Midwifery at MBRU is responsive to changing healthcare demands and actively engages in service development opportunities for nursing and midwifery services throughout the region. We believe that nurses and nursing are essential to the future of healthcare in the UAE and are proud to be instrumental in providing a range of continuing education programs for current and future nurses that ensures their employability and capacity for lifelong learning."

Professor Kevin Gormley, Dean of College of Nursing and Midwifery

#### **Our Students' Sponsors**









#### **Programs Overview:**

#### Two programs:

- MSc in Cardiovascular Nursing
- MSc in Pediatric Nursing

Unique partnership with Queen's University of Belfast and the Belfast Health and Social Care Trust

Twelve-week period of clinical nursing practice in the Belfast Health and Social Care Trust

30-credit MSc Clinical Nursing programs offered in two modalities:

- Full-time over 12 months (with a potential extension of 12 weeks to allow for dissertation completion)
- Part-time over 24 months (approximately 15 credits per year)

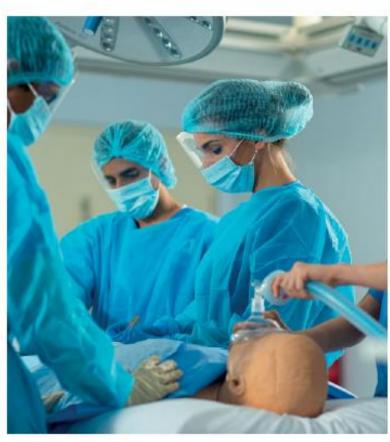
Programs include dissertation evidencing a critical and detailed review of innovative or emerging areas of the students' professional work

### **Learning Resources**





The Al Maktoum Medical Library (AMML)



The Khalaf Ahmed Al Habtoor Medical Simulation Center (KHMSC)



The Surgical Skills laboratory

### **Learning Resources**



### The Al Maktoum Medical Library (AMML)

The Al Maktoum Medical Library (AMML) plays a key role in supporting faculty, students and staff, as well as the wider medical community, by providing access to high-quality and authoritative information resources. The Library provides advanced services and resources to healthcare professionals & students via a membership and offers point-of-care resources, medical education databases, quiet study areas, individual and group study rooms, study lounges, meeting rooms and Information Commons.

Over 11,000 e-journals

Over 3,000 core medical texts

Over 10,000 e-books

Over 24 databases & e-resources



# **Learning Resources**

# Education @ MBRU

### **Simulation Center**

The Khalaf Ahmed Al Habtoor Medical Simulation Center (KHMSC) is an educational and training facility committed to improving patient safety through the delivery of simulation-based courses that are as authentic as possible. The simulation center showcases realistic hospital environments and a clinical skills lab. All the facilities can be easily reconfigured to simulate different hospital set-ups, and are equipped with audio-visual equipment for live networking, recording and playback options. Unique to this simulation center is the provision of having real medical cases, which create a higher fidelity simulation experience.

The center provides the following facilities:

Ambulance

Emergency Department with ambulance bay

Radiology room

### **Accreditations**









# **MBRU Design Lab**







### The MBRU Design Lab Supported by Wasl

The MBRU Design Lab Supported by Wasl is an evolving space where students are empowered to move around and create their own content for learning rather than just memorizing facts delivered from faculty. The Design Lab hosts lectures and events to pursue and encourage innovation, including health design bootcamps, healthcare innovation seminars and workshops, and undertakes both faculty and student research projects while building communities of practice. The Lab's interests notably include improving the patient experience, satisfaction and safety, improving medical outcomes, changing lifestyle behaviors, educating innovators, rethinking processes and ultimately co-designing health solutions with patients and medical professionals.







# **Our Students**





39

Nationalities



36%

**UAE** Nationals



73%

Women



### **Student Council**



# MEMBERS OF THE STUDENT COUNCIL 2019-2020

ABOVE (from left to right):Maryam Al Abaidli President, Mustafa Abdalla - Vice-president, Sameera
Hajijama - Treasurer, Hind Algergawi - Secretary, Moza
Al Ali - Well Being & Happiness, and Hind Alawadhi Media & Communications Representative.

BELOW (from left to right): Hayat Al Mansour Activities & Events Chair, Mai Abdelsalam Representative, Hudaisa Ali - Chair of Clubs, Jana Al
Anati - Chair of Clubs, Amog Narayanan Representative, and Fatma Al Abaidli - Activities &
Events Chair.





# **Student Life**





Emirati Women's Day 2019

















Sports Day 2019







Mental Health Week 2019







# **Student Life**





# Happy Birthday

our Beloved UAE



# 2019 National Day



















# **Student Clubs**





Clubs Fair 2019







MBRU Clubs Corner



Health Awareness Club



**Art Club** 



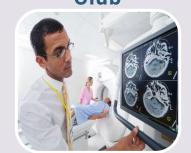
**Atlas Club** 



**Language Club** 



**Media Club** 



**Radiology Club** 



**Interest Groups** 



**Journal Club** 



**Reach Club** 

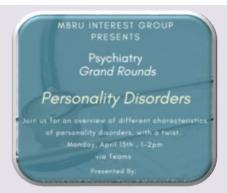


**Sports Club** 

# **Student Life in COVID-19**































# Research





### **Pioneering Research**

MBRU aims to become a global hub for innovative and integrated healthcare education and research at the service of humanity. Research is one of the key pillars of the University's innovative strategy known as the 411 strategy. Since its establishment, MBRU has published more than 400 peer-reviewed publications in world-renowned journals in medicine and dentistry, including Nature Neuroscience, Scientific Reports, and the British Dental Journal. The publications varied in topics from genomics to public health. MBRU has managed to secure an excess of AED 15 Million in internal and external research grant funding.



# **Research Productivity**





**50**Sept 2017

185

Sept 2018

260+

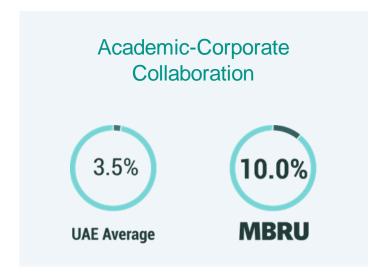
Sept 2019

470+

Aug 2020

**Peer-reviewed publications** 

### **Quality Metrics of MBRU Publications**







\*by SJR

# **Research Grants**







# **Awarding Bodies**



















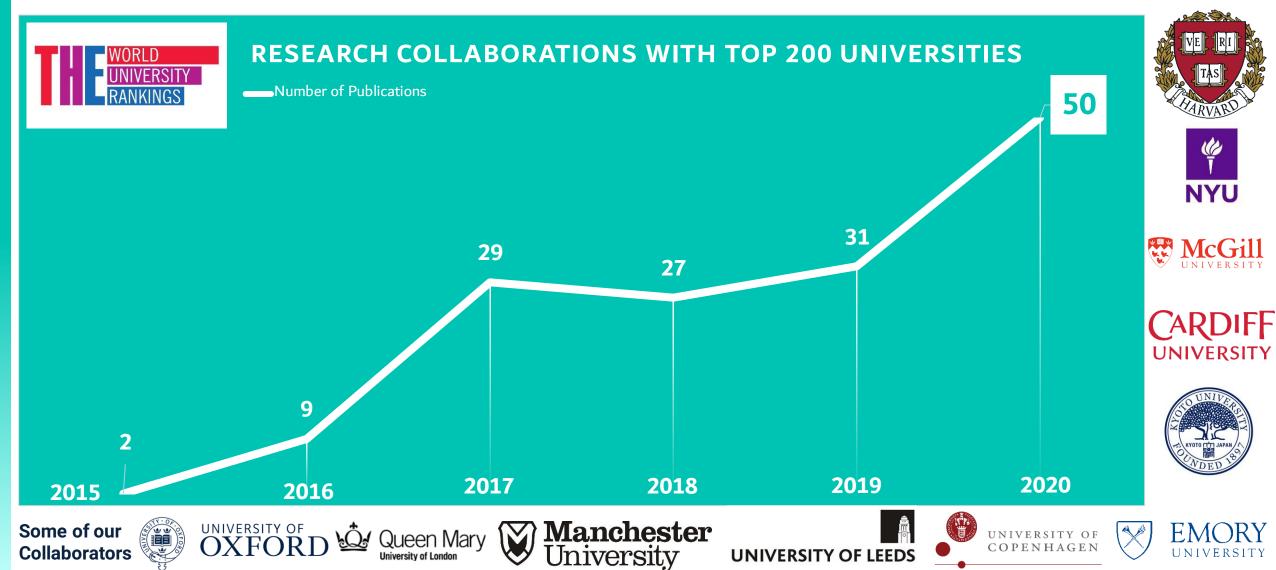




# **Collaborating Institutions**







## **Research Awards**







MBRU launched the 3<sup>rd</sup> cycle of grant applications to MBRU-AlMahmeed research awards furthering health and biomedical science for researchers locally & globally

The MBRU – AlMahmeed Collaborative Research Award offers grants worth **AED 300,000** for laboratory-based projects and **AED 150,000** for non-laboratory-based projects

Launch of the MBRU-AlMahmeed Collaborative Research Award, made possible by a generous contribution from Emirati cardiologist, Dr. Wael AlMahmeed, has drawn global collaborative proposals. Dr. AlMahmeed was the first to receive the 'Mohammed bin Rashid Award for Investing in Scientific Research' by His Highness Sheikh Mohammed Bin Rashid Al Maktoum, in recognition of his efforts in support of research and the scientific community in the UAE.

The Award's grant, which totals AED300,000 for laboratory-based projects and AED150,000 for non-laboratory projects, will be assigned to proposals that contribute to basic, translational, clinical and public health research. Projects contributing to cancer biology, mental health, and cardio-metabolic disease (including diabetes and obesity) research have been marked as a priority for the funding.

### Dr. Wael AlMahmeed said,

I am happy to hear about the announcement of the third cycle of this award. I am pleased with the progress of the winners of the previous 2 cycles. COVID-19 has pushed medical research to the forefront of our lives, so I hope we get some excellent proposals this year.



# **MBRU Research Center**







### **MBRU Research Center**

Al Jalila Foundation has partnered with MBRU dedicating a full floor for MBRU's research activities at the Mohammed Bin Rashid Medical Research Institute.

Mohammed Bin Rashid Medical Research Institute, an initiative of Al Jalila Foundation, is a world class biomedical research institute strategically located in the heart of Dubai Healthcare City next to MBRU, ensuring seamless collaboration in the academic, healthcare and scientific community.



## Research-based Education







The Annual Student
Research Day showcased
more than 50 research
posters by our dental
postgraduate and medical
students.



Our Year-4 student
Mariam Elsaban
presented a
collaborative poster
about multidisciplinary weight
management
program at the
Obesity Update
Conference held
at the Royal College
of Physicians in
London, UK.

### **Mediclinic Research Day**

Our Year-3 student, Maryam
Jafari won 1st runner up poster
presentation award at the
Mediclinic 3rd Anuual Research
Day for her cross-sectional study
on "Antimicrobial Resistance
Patterns of Urinary Pathogens
Among Adults in the United Arab
Emirates between 2012-2018".











### **Student Awards for Research**

- Anan Mahmoud First Place Winner Poster Presentation during placement at University College London, UK
- Hemica Hasan Second Place Winner at Summer Symposium Presentation at Queens University Belfast, UK
- Abdul Rahman Khan Third Place Winner at Summer Symposium Presentation at Queens University Belfast, UK
- Mohannad Elgamal Second Place Winner, Clinical Case Presentation at Kasr Al Ainy School of Medicine, University of Cairo, Egypt

# Student Research Publications







**Mayo Clinic, USA** 

### **Aya Akhras**

 Goyal A, Akhras A, Wahood W, Alvi MA, Nassr A, Bydon M. Should Multilevel Posterior Cervical Fusions Involving C7 Cross the Cervicothoracic Junction? A Systematic Review and Meta-Analysis. World Neurosurg. 2019 Jul;127:588-595.e5.



### **Queens University Belfast, UK**

#### **Noor Adam**

Dutton LR, Hoare OP, McCorry AMB, Redmond KL, Adam NE, Canamara S, Bingham V, Mullan PB, Lawler M, Dunne PD, Brazil DP. Fibroblast-derived Gremlin1 localises to epithelial cells at the base of the intestinal crypt. Oncotarget. 2019 Jul 23;10(45):4630-4639



Brigham and Women's Hospital / Harvard University, Boston, USA

#### **Mahmoud Azzeh**

Lu PW, McCarty JC, Fields AC, **Azzeh M**, Goldberg JE, Irani J, Bleday R, Melnitchouk N. The Distribution of Colorectal Surgeons in the United States. J Surg Res. 2020 Jul;251:71-77





# **Our Community**







08 Community engagement Events in 2019-20

52 Virtual and Online events (Post Covid 19)

**36** Events on Campus

**20** External Events





"Stem Cell Therapy for Spinal Cord Injury" **Professor Mohamed Bydon** of Mayo Clinic

Jan 29, 2020





In partnership with





1<sup>st</sup> Alumni day - Feb 11, 2020



### **Events**



MBRU joined forces with Mayo Clinic and the American Hospital Dubai to host the first Middle East Healthcare Social Media Summit.

Organized by Mayo Clinic in partnership with MBRU and the American Hospital Dubai, the Summit brought together healthcare providers and decision makers spanning various sectors to analyze the impact of social media on healthcare and chart the best way forward.

The event included a two-day conference held from 9-10 December featuring several speakers from the UAE and representatives from Saudi Arabia, Ireland, New Zealand and the United States; as well as an optional pre-conference workshop that took place on the 8th of December called Mayo Clinic Social Media Residency, which provided advanced training and consultation for those interested in practical assistance in applying social media tools in their health-related work.

The panelists at the Summit said online communities are critical for the advancement of the practice of healthcare. Dr. Amer Sharif, MBRU's Vice Chancellor said the Summit provided a great opportunity to promote the exchange of knowledge and expertise between doctors and medical institutions that have made significant contributions to the healthcare sector.

Dr. Amer expressed his gratitude to everyone who contributed to the success of the Summit, especially to Mayo Clinic for choosing to host the event at MBRU and the American Hospital in Dubai for its support.



# MIDDLE EAST HEALTHCARE **SOCIAL MEDIA SUMMIT 2019**



### **Events**



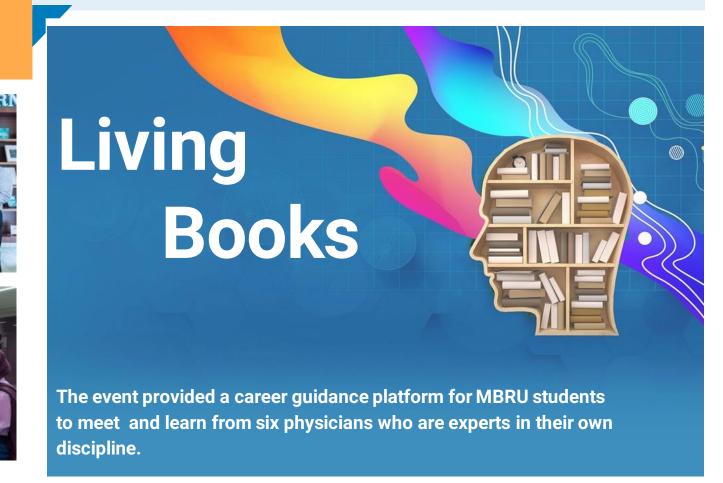


# DOCTORS WHO INSPIRE





Al Maktoum Medical Library organized the Living Books Event under the theme "Doctors who Inspire".



# **Community Service**







Dubai Dental Hospital (DDH), MBRU's clinical partner, conducted a dental awareness campaign during the summer camp organized by Dubai Cares. The summer literacy camp hosted children from underprivileged families in the UAE in celebration of the Year of Tolerance. The dental campaign targeted youngsters between the ages of 6 to 12 years old to increase their awareness about dental and oral health.

A total number of 181 children were screened by a dentist and a hygienist from DDH to identify their dental health needs. Most of the children were found to be at high-risk for caries and gum disease.

Dental Screening and Oral Health Awareness Campaigns were held at various locations including:

**EMPLOYEE SOUK DEWA STORE** 

**TARKHEES** 

**UPTOWN MIDRIFF SCHOOL** 

**AL WASL** 

MEDICAL AESTHETIC EXHIBITION
AJCH DUBAI FITNESS CHALLENGE 30X30
TEDDY BEAR DENTAL HOSPITAL





# **Community Service**



# MBRU'S PROFESSOR OF SURGERY PERFORMS PIONEERING SURGERY AT MEDICLINIC TO TREAT RARE SWALLOWING DISORDER

MBRU's Professor of Surgery and Associate
Dean of Innovation and the Future, Homero
Rivas, has pioneered a medical first at
Mediclinic City Hospital in Dubai, performing a
complex Peroral Endoscopic Myotomy
(POEM) surgery to treat a patient with an
uncommon swallowing disorder.

The patient, a man in his 30s, was suffering from Achalasia, an atypical condition that affects only three in every 100,000 people where the esophagus is unable to move food into the stomach. The man was unable to swallow food, surviving only on liquids.

Professor Rivas, one of a paucity doctors to have performed the surgery around the world, was lead surgeon for the ground-breaking POEM procedure at Mediclinic City Hospital. This latest innovation in endoscopic surgery is a non-invasive procedure whereby there are no incisions in the chest or abdomen and involves an endoscope inserted through the mouth.

The ground-breaking surgery serves as the latest milestone for MBRU in its mission to improve health in the UAE and beyond through an integrated academic health system through partnerships with private and public healthcare institutions on a local, regional and international level.



This type of disorder is extremely rare and there's no known reason as to why it happens. The myotomy is a non-invasive procedure. We divide the circular muscle fibres around the esophagus, which are the ones that cannot relax, preventing food to reach the stomach. By cutting those fibers, we release the pressure and patients usually feel immediate relief when swallowing.

**Professor Homero Rivas** 



# **Community Service Programs**



# MBRU Organ Transplant Program

The first successful kidney transplant surgery in Dubai in 2016 resulted in the launching of the MBRU's Organ Transplant Program. Through the Program, the University and its partners aim to help those who suffer from kidney failure in the UAE by increasing the number of kidney transplantations, and ultimately alleviating the suffering of those individuals and improving their quality of life.

As of September 2020, the program has performed **12 kidney transplants** in the UAE. Four kidney transplants took place at the **Al Jalila Children's Specialty Hospital** and eight kidney transplants at **Mediclinic City Hospital**.



### **Investing in the Future**

Through deep-rooted commitment to education, research, and clinical practice, MBRU plays a key role in preparing tomorrow's leaders in medicine and health sciences, and in contributing to the global reputation of the United Arab Emirates (UAE) while delivering significant local impact.

As part of our Emiratization strategic pillar, we focus on "Capacity Building", where UAE citizens are supported to join our student, and Faculty and Staff bodies.

We focus on enrolling Emirati citizens into our academic programs and we are steadfast in our objective to develop their capacity in order to better equip and qualify them for a career in the wider healthcare sector. As of August 2020, 60% of graduates, 36% of students, and 18% of the university's staff are Emirati.

MBRU has also successfully attracted talented UAE Nationals to its faculty body, including **Dr. Hanan Al Suwaidi**, Assistant Professor in the College of Medicine, who was selected as UAE's First Flight Surgeon to look after the health and wellbeing of the Emirati Astronauts.



# **Making History**





**Dr. Hanan Al Suwaidi**, Assistant Professor of Family Medicine & Director of Governance Office, at MBRU made history as the flight surgeon tasked with monitoring the health of Hazza Al Mansouri, the UAE's first astronaut during his ground-making mission to the International Space Station.

The UAE's 1st Flight Surgeon, she's highly experienced in clinical practice, healthcare administration, and health policy and regulation in both the public and private sectors. She earned her medical degree from UAE University and completed her postgraduate training in Family Medicine for which she is certified by the Arab Board and is a member of the Royal College of General Practitioners. She is a founding partner and a consultant Family Physician with United Medical, a physician led ambulatory care center in Dubai. During her tenure with the Dubai Health Authority, Dr. Hanan was instrumental in several strategic and operational initiatives for healthcare funding including the design and implementation of the first national government-based health insurance scheme in Dubai (SAADA).



Honored to witness a historical moment for our nation..

#FirstEmiratiAstronaut @Astro\_Hazzaa travels to

@Space\_Station to make history & realize the dream of

UAE's founder, Late Sheikh Zayed. Heartfelt

congratulations to our visionary leaders & the amazing

team @MBRSpaceCentre \*\*



6:11 PM · Sep 27, 2019 · Twitter for Android



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# **Attracting Talent**







**Dr. Saif Al Hammadi** 

Clinical Operations Manager at DDH





**Dr. Saif Al Qassim** 

Assistant Professor of Biochemistry

Post doctoral fellowship – University of Pennsylvania



جامعـة محـمـد بن راشـد للـطـب و الـعلــوم الـصحيــة MOHAMMED BIN RASHID UNIVERSITY



### **Fatma Humaid Alqutami**

1<sup>st</sup> Emirati Research Assistant at MBRU

MSc in Stem Cell Regenerative Therapies from King's College London



جــامـعــة محـمــد بـن راشــد للـطـب و الـعلــوم الـصـحـيــة MOHAMMED BIN RASHID UNIVERSITY OF MEDICINE AND HEALTH SCIENCES

# **Developing Local Talent**





36%

**STUDENTS** 

18% STAFF

60% ALUMNI

64

# **Developing Local Talent**

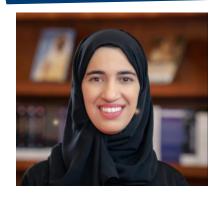




# **MBRUians**

Dr. Reem Al Gurg, Dr. Laila Al Suwaidi, Dr. Hanan Al Suwaidi, and Dr. Sheikha Al Zaabi were selected for the Commission for Academic Accreditation (CAA) Certified Reviewer Project.

The (CAA) Certified Reviewer Project will ensure that our newly established programs, as well as existing ones, meet the expected quality of higher education in the UAE and internationally.











MBRU was awarded the **DHCA Excellence Award** for its contribution towards Emiratization



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# Team Leads in the COVID-19 Command & Control Center





**Professor Alawi Alsheikh-Ali** 





Dr. Hanan Al Suwaidi

Testing Team Lead, Dubai COVID-19 Command and Control Center UAE's First Flight Surgeon Assistant Professor of Family Medicine Director of Governance Office



Dr. Amer Al Zarooni

Supply Chain Team
Leader, Dubai COVID-19
Command and Control
Center
Deputy VC for

Deputy VC for Administration & Professional Services



Dr. Essa Kazim

Head of Hospital stream, Dubai COVID-19 Command and Control Center

Associate Professor of Surgery

## **Academic Partner**



### Sustainability @







**Scope of Partnership** 



**Quality Assurance** 

Governance

Development of College of Medicine

Development of College of Nursing & Midwifery

# Sustainability



### Sustainability @



### **External Scholarships**







شركة أبوظبى للخدمات الصحية ...



ديـوان ولي الـعـهـد CROWN PRINCE COURT إمارة أبوظبي المعلمة



Internal Scholarships





**Homat Al Watan** 



**Future Doctors** 



Jood



MINISTRY OF HEALTH & PREVENTION



















الإمارات العربية المتحدة حكومة الفجيرة

UNITED ARAB EMIRATES GOVERNMENT OF FUJAIRAH





# **MBRU Excellence Award**



### Sustainability @





The Research, Teaching, and Hidden Star award categories were named after three instrumental members of the MBRU family to honor their legacy, celebrate their commitment to excellence, and to encourage others to follow in their footsteps

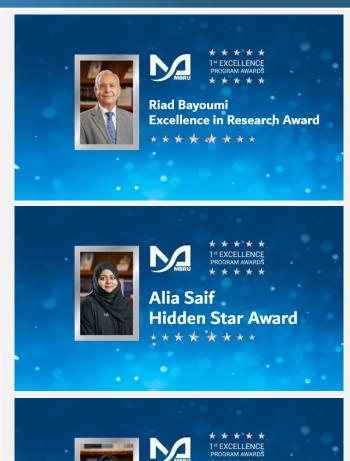
### **MBRU's 1st Excellence Award**

To promote and recognize excellence among our community members as well as recognize and reward individuals and groups who have contributed to our mission, we launched the MBRU Excellence Award, a distinguished award that acknowledges outstanding staff, faculty and adjuncts.

There are six award categories which look at research, teaching, innovation, community engagement, hidden star:

The Riad Bayoumi Excellence in Research Award Mutairu Ezimokhai Excellence in Teaching Award Innovation Award

Community Engagement Award Excellence Staff Award Alia Saif Hidden Star Award.







# 1<sup>st</sup> MBRU Excellence Awards





# **Congratulations to all the Winners**

MBRU Honors Employees at the

# \*\*\*\*1st MBRU Excellence Awards \*\*\*\*

• Congratulations to all our winners and shortlisted participants

### THE MUTAIRU EZIMOKHAI EXCELLENCE IN TEACHING AWARD



Dr. Manal Al Halabi



Professor Ritu Lakhtakia

#### THE RIAD BAYOUMI EXCELLENCE IN RESEARCH AWARD



Dr. Eleftherios Kaklamanos



Dr. Mohammed Uddin



Rania Nassar

### THE INNOVATION AWARD

The Multiple-mini Interviews Team



Anne-Marie John-Baptiste



Dina Hegazy



Professor Ibrahim Inuwa



Jalal Mohamadeya



Helen Henderson

### THE ALIA SAIF HIDDEN STAR AWARD



Noah Okoth



Sreejith Veettil



Connie Jose



Marichelle Foronda

#### THE COMMUNITY ENGAGEMENT AWARD



Dr. Laila AlSuwaidi













1st MBRU Excellence Awards Ceremony EXCELLENCE PROGRAM AWARDS March 3, 2020 文文文文 EXCELLENCE AWARD 大大大大 SHORTLISTED Sharon Mascarenhas Mawlood Kawash Samira Al Salehi Alia Saif Norbert Nowotony INNOVATION Yajnavalka Banerjee Anas Al Salami Saba Heialy Reem Jan Farah Otaki **MMI Team** Tom Loney Shroque Zaher Mazin Al Jabiri Shaza Asfari Abiola Senok Jeylal Jeyaseelan EXCELLENCE PROGRAM AWARDS

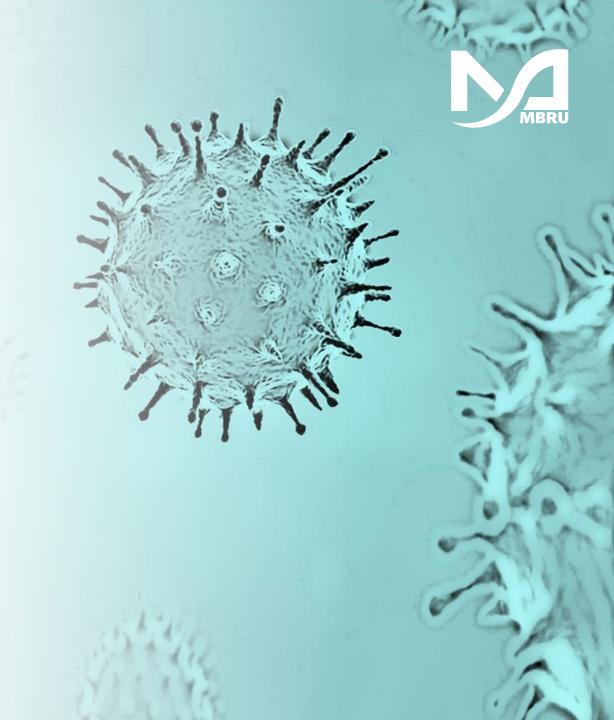


**Sustainability** 

# **Special Section**

MBRU
Preparedness &
Contributions to
tackle COVID-19
Pandemic

#InThisTogether #We\_Are\_All\_Responsible





# **Internal Response & Adaptability**





MBRU COVID-19 Task Force created and convened on March 1, 2020



Staff & Faculty working from home



Business Continuity Plan delivered by all departments



Scenario Planning for the future conducted



Smart Learning Hub created to support digital education



Preparedness and Response plan completed

### **COVID-19 Command & Control Center**



مركــز التحكــــم والسيطــرة لــمكافحة فيـروس كـــورونـــا COVID-19 Command and Control Center

### **MBRU leadership**

**Involvement of other Team Leads in MBRU** 

**Headquarters of the Center** were hosted on Campus

University facilities used for research & diagnostics

**Projection modeling** 

### Dubai establishes disease control centre



A- A A+

DUBAI, 30th March, 2020 (WAM) -- H.H. Sheikh Hamdan bin Mohammed bin Rashid Al Maktoum, Crown Prince of Dubai and Chairman of Dubai Executive Council, has issued Executive Council 's Resolution No 18 of 2020 establishing the Center for Coronavirus Control under the chairmanship of Dr Amer Ahmed Al Sharif.

### **COVID-19 Command & Control Center**

#### **COVID-19 Command and Control Center**

The Dubai COVID-19 Command and Control Center was established by His Highness Sheikh Hamdan Bin Mohammed bin Rashid Al Maktoum, Crown Prince of Dubai and Chairman of the Executive Council, to ensure all sectors are aligned entities from the field of healthcare and multiple pivotal sectors are aligned with the Dubai Government's efforts to tackle the COVID-19 outbreak.

The Center which was launched in March of 2020, headed **by Dr. Amer Sharif**, Vice Chancellor of Mohammed bin Rashid University of Medicine and Health Sciences (MBRU), is responsible for setting an integrated roadmap to deal with COVID-19, which can be deployed in a rapid manner, in collaboration with the leading health specialists in the emirate. The Center reports to Dubai's Supreme Committee for Crisis and Disaster Management.

The Center's members also included from MBRU **Professor Alawi Alsheikh-Ali,** Provost, Dean of the College of Medicine, **Dr. Amer Al Zarooni**, Deputy Vice Chancellor- Administration and Professional Services, **Dr. Hanan Al Suwaidi**, Assistant Professor - Family Medicine, College of Medicine, and **Dr. Essa Kazim**, Professor - Surgery at the College of Medicine.

مركــز التحكــــم والسيطــرة لــمكافحة فيـروس كــــورونــــا

COVID-19 Command and Control Center



**Headquarters of the Center were hosted on MBRU Campus** 

### **Standing Together**





### HH Sheikh Mohammed Bin Zayed Virtual Majlis

### مجلس محمد بن زاید

MAJLIS MOHAMED BIN ZAYED

### نقفُ معاً: استجابة الرعاية الصحية لكوفيد-19

Standing Together: Our Healthcare Response to Covid-19

#### البروفيسور د. علوى الشيخ على

طبيب وباحث واستشاري في أمراض ونظم القلب

Professor Alawi Alsheikh-Ali Clinician, Researcher & Consultant Cardiac Electrophysiologist

#### د. توم لونی

بروفيسور متخصص فى علم الأوبئة

#### Dr. Tom Loney Associate Professor.

Public Health and Epidemiology

#### معالى عبدالرحمن بن محمد العويس

عضو مجلس الوزراء، وزير الصحة ووقاية المجتمع، ووزير الدولة لشؤون المجلس الوظنى الاتحادى

#### H.E. AbdulRahman Bin Mohammed Al Owais

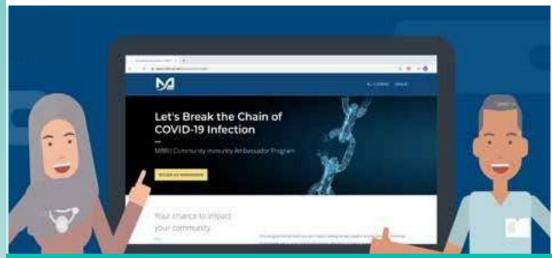
Minister of Health and Prevention. Minister of State for Federal National Council





## **Community Immunity Ambassadors**





# More than 1 Million Participants Sign Up for MBRU's Online Course

MBRU has taken a leading role in informing global communities on methods of prevention and controlling the spread of COVID-19 with an innovative online program, the MBRU Community Immunity Ambassador Program.

The novel program has drawn an incredible global response, with more than a million people across the world signing up to become MBRU Community Immunity Ambassadors.



### A Million Ambassadors and more ...





4 e-courses launched

More than 1 million participants worldwide

5 languages for the first course (Arabic, English, French, Bengali, Urdu)













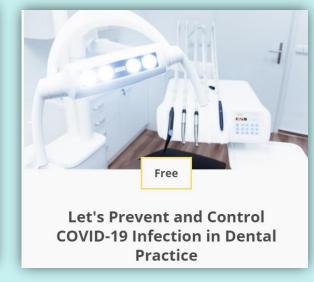
### **Community Awareness: e-courses**











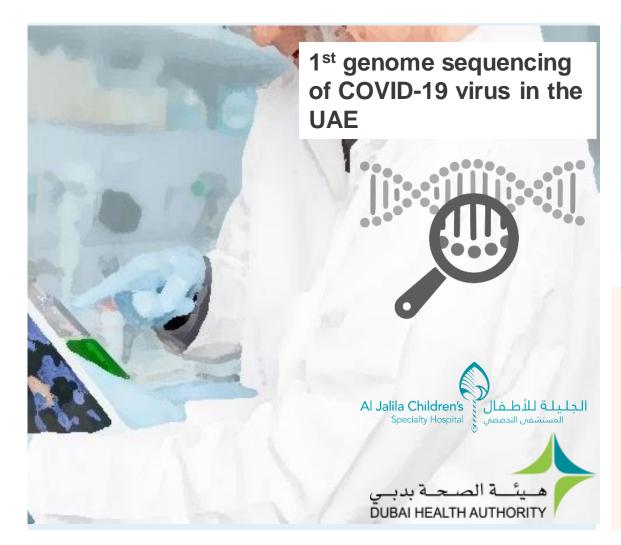
The first course of MBRU Community
Immunity Ambassador program sensitizes
people to the chain of infection, details
how infectious diseases are transmitted,
and puts forward solutions to break the
chain of infection through concrete
preventive actions. Successful completion
of the course results in the user receiving a
certificate as an MBRU Community
Immunity Ambassador.

The second course guides volunteers aiding the fight against the pandemic with detailed knowledge about the virus, how it spreads, and what precautions are needed to protect oneself and others on the frontline. The course was developed in partnership with the Abu Dhabi Public Health Centre and endorsed by the Ministry of Health & Prevention, Dubai Health Authority and Department of Health in Abu Dhabi.

Developed in partnership with the National Program for Happiness & Wellbeing, 'Find Your Light' is the third course in the program, which teaches specific techniques to increase self-awareness, normalize emotions, and support overall wellbeing as the world grapples with uncertainty.

Following the overwhelming success of the program, MBRU in collaboration with Dubai Dental Hospital, MBRU's clinical affiliate which serves as the teaching hospital for the Hamdan Bin Mohammed College of Dental Medicine, has launched a fourth course focused on dental professionals providing guidance and best practice to prevent the spread of the virus in dental clinics.

### **COVID-19 Research**





# The effectiveness of using saliva instead of the nasal swab to detect COVID-19

The research team from MBRU were joined by teams from Dubai Health Authority (DHA); Unilabs; Cleveland Clinic Abu Dhabi; New York University Abu Dhabi (NYUAD); and the National Reference Laboratory.



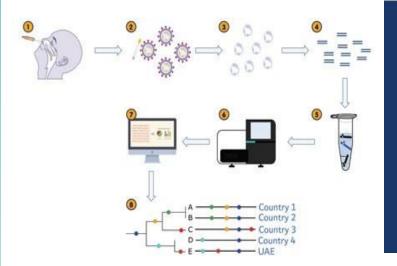
# **Antibody detection in frontliners**



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### **COVID-19 Genome Sequencing**





- 1 A nasal swab sample obtained from a COVID-19 patient
- Sample containing SARS-CoV-2 transferred to lab
- 3 SARS-CoV-2 genetic material (RNA) isolated in the lab
- The virus RNA is converted into double stranded DNA
- The DNA is engineered and amplified to make a library of SARS-CoV-2 genome content
- 6 The SARS-CoV-2 genome library is sequenced to determine the combination of its A,G, C, T letters
- 7 The SARS-CoV-2 genome sequence is computationally assembled
- The SARS-CoV-2 genome sequence obtained in UAE is compared to sequences from other countries to determine its origin (adapted from nextstrain.org).



Given Dubai's role and geographic location as a bridge between the East and the West, this information will also help in understanding how the pandemic has been spreading globally.

Dr. Ahmad Abou Tayon,

Associate Professor of Genetics at MBRU and Director of the Genomics Center at Al Jalila Children's





Dubai's COVID-19 Command and Control Center has announced the UAE's first full genome sequencing of the virus causing COVID-19. The successful sequencing of the virus from a patient in Dubai was performed by researchers (MBRU) in collaboration with the Dubai Health Authority (DHA) and Al Jalila Children's Specialty Hospital's Genomics Center.

The Genomics Center was launched by His Highness Sheikh Mohammed Bin Rashid Al Maktoum, Vice President and Prime Minister of the UAE and Ruler of Dubai, in January of this year. Recent studies show that the virus causing COVID-19 (known as SARS-CoV-2) changes its genetic code every two weeks on average. By studying the genetic sequence of the virus from many patients, scientists can get a better understanding of how the virus spreads, which can later inform measures to combat the virus.

Dr. Amer Sharif, Vice Chancellor of MBRU and head of Dubai's COVID-19 Command and Control Center said that completion of the genome sequencing procedure is proof of the effective collaboration between key entities in the healthcare sector in the fight against COVID-19.

## **COVID-19 Genome Sequencing**



The genome sequencing procedure is a direct result of the collaborative work between academic and research institutions. As we're witnessing with this genome project having a proactive academic health system in place helps address challenges in the healthcare field that make significant changes in the scientific community which ultimately serves our communities. This new finding will provide great impetus to the scientific community on understanding and analyzing the COVID-19 virus, in our efforts to contain and stop the spread of this virus. With the expansion of the genome sequencing procedures across the UAE, we look forward to further developments from the scientific community that will strengthen the fight against the pandemic. The role our scientific community is playing is vital in informing policy locally and globally. Reiterating the words of H.H. Sheikh Mohammed bin Rashid, the world has long been questioning where the true power lies, the spread of COVID-19 has shown that healthcare is the main power that shapes economy and politics at a time when a disease brought nations to a standstill.

Dr. Amer Sharif
Vice Chancellor of MBRU and Head of Dubai's
COVID-19 Command and Control Center



## **Community Awareness**



MBRU conducted a COVID-19 awareness session at the Dubai Media Office in March of 2020. The panel included MBRU's Provost and Dean of the College of Medicine, Prof. Alawi Alsheikh-Ali, Dr. Hanan Al Suwaidi, Assistant Professor of Family Medicine, Dr. Tom Loney, Associate Professor of Public Health and Epidemiology and Dr. Abiola Senok, Professor of Microbiology & Infectious Diseases. The one-hour session began with a presentation by Dr. Senok and concluded with a Q&A session.

**MBRU** participated in Dubai Media Office's #AskDXBDoctor campaign











# **Community Awareness**

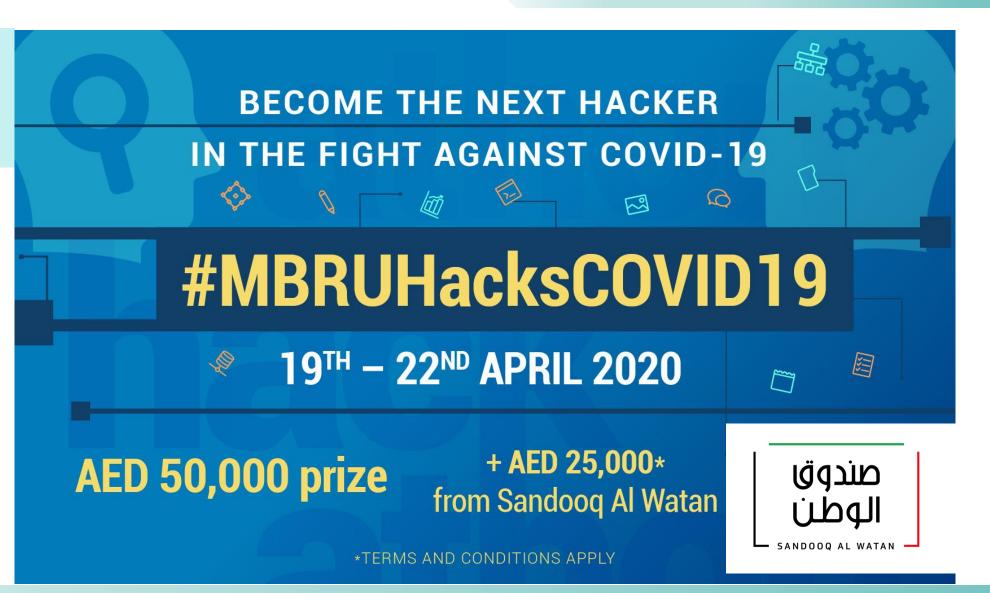


# #MBRUHacks COVID-19

MBRU organized a 3 days online hackathon in partnership with Sandooq Al Watan. 474 hackers took part with the support of 71 mentors

The winners are...

Bounceback: The platform utilizes machine learning algorithms and tokenization to identify, verify and provide immediate subsidy relief to vulnerable communities and individuals who have suffered financially from the global health crisis.







H.H. Sheikh Mohammed bin Rashid Al Maktoum
UAE Vice President and Prime Minister and Ruler of Dubai